HEALTHY MIND - HEALTHY CHILD

NEWSLETTER: THE OFFICIAL HMHC TOOLKIT

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WE ARE PROUD TO ANNOUNCE THAT THE PARENT AND TEACHER MENTAL HEALTH FIRST AID TOOLKIT IS NOW REACHING ITS FINAL PRODUCTION STAGE. THIS DOCUMENT REPRESENTS THE SYNTHESIS OF OUR RESEARCH AND THE PRACTICAL LESSONS LEARNED DURING OUR FIELD ACTIVITIES. DESIGNED AS A DIDACTIC AND ACCESSIBLE GUIDE, THE TOOLKIT OFFERS CONCRETE SOLUTIONS FOR THE DAILY CHALLENGES FACED BY THOSE CARING FOR CHILDREN IN MARGINALIZED GROUPS. IT SERVES AS A LEGACY OF THE PROJECT, PROVIDING A STANDARDIZED METHODOLOGY THAT CAN BE ADAPTED TO VARIOUS CULTURAL AND SOCIAL CONTEXTS WITHIN THE EUROPEAN UNION. THIS RESOURCE IS A TESTAMENT TO OUR COMMITMENT TO PROVIDING PROFESSIONAL-GRADE TOOLS TO THE GENERAL PUBLIC.

EXPERT KNOWLEDGE: 50 PAGES OF CURATED CONTENT COMBINING ACADEMIC RESEARCH WITH FIELD-TESTED EMOTIONAL EXERCISES.

MULTILINGUAL SUPPORT: AVAILABLE IN ENGLISH, SPANISH, CROATIAN, AND SLOVENIAN TO REACH A WIDE INTERNATIONAL AUDIENCE.

READY-TO-USE PROTOCOLS: CLEAR INSTRUCTIONS FOR IMPLEMENTING ADVENTURE AND SPORTS-BASED THERAPY IN LOCAL COMMUNITIES.

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